



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Richter, David

Club: 50Hertz

Number: 514

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:53:00

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 324 (of 552)

Rank in course/Men: 281 (of 405)

Best time in course: 1:13:54

Rank in category: 55(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	56:29	5:38	55	16:54	259	17:55	10.00	56:29	5:38	55	16:54	259	17:55
Finish	10.00	56:31	5:39	54	20:07	298	21:11	20.00	1:53:00	5:39	55	37:01	281	39:06