



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Städtler, Manfred

Club: GutsMuths RSLV

Number: 636

Course: 20.00 km

20km Strecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:53:21

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 330 (of 552)

Rank in course/Men: 285 (of 405)

Best time in course: 1:13:54

Rank in category: 4(of 8)

Best time in the category: 1:46:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	58:51	5:53	4	4:21	307	20:17	10.00	58:51	5:53	4	4:21	307	20:17
Finish	10.00	54:30	5:27	3	2:36	252	19:10	20.00	1:53:21	5:40	4	6:57	285	39:27