



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Wiegler, Markus

Club: Hainaer SV

Number: 247

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:22:25

Speed: 14.56 km/h

Running performance: 4:07 min/km

Rank in course/Total: 12 (of 552)

Rank in course/Men: 12 (of 405)

Best time in course: 1:13:54

Rank in category: 6(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	42:50	4:16	7	3:15	18	4:16	10.00	42:50	4:16	7	3:15	18	4:16
Finish	10.00	39:35	3:57	5	3:11	11	4:15	20.00	1:22:25	4:07	6	6:26	12	8:31