



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Fasold, Dana

Club: Hotel Fasold

Number: 28

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:55:08

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 355 (of 552)

Rank in course/Women: 54 (of 147)

Best time in course: 1:23:47

Rank in category: 6(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	58:49	5:52	6	11:54	56	15:55	10.00	58:49	5:52	6	11:54	56	15:55
Finish	10.00	56:19	5:37	6	10:27	52	15:28	20.00	1:55:08	5:45	6	22:21	54	31:21