



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Kubat, Michael**

Club: Simply The Rest

Number: 240

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:55:27

Speed: 10.39 km/h

Running performance: 5:46 min/km

Rank in course/Total: 357 (of 552)

Rank in course/Men: 303 (of 405)

Best time in course: 1:13:54

Rank in category: 57(of 76)

Best time in the category: 1:22:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	58:51	5:53	56	16:23	307	20:17	10.00	58:51	5:53	56	16:23	307	20:17
Finish	10.00	56:36	5:39	51	16:44	299	21:16	20.00	1:55:27	5:46	57	32:48	303	41:33