



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schmidt, Sandra

Club: Laufftreff Breitungen

Number: 379

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:55:33

Speed: 10.39 km/h

Running performance: 5:47 min/km

Rank in course/Total: 358 (of 552)

Rank in course/Women: 55 (of 147)

Best time in course: 1:23:47

Rank in category: 7(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	59:37	5:57	7	12:42	62	16:43	10.00	59:37	5:57	7	12:42	62	16:43
Finish	10.00	55:56	5:35	5	10:04	46	15:05	20.00	1:55:33	5:46	7	22:46	55	31:46