



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Greiner-Barnickel, Nadine

Club: Run & Bike-Team Coburg

Number: 285

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:55:45

Speed: 10.37 km/h

Running performance: 5:47 min/km

Rank in course/Total: 363 (of 552)

Rank in course/Women: 58 (of 147)

Best time in course: 1:23:47

Rank in category: 10(of 23)

Best time in the category: 1:40:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	57:43	5:46	7	6:30	48	14:49	10.00	57:43	5:46	7	6:30	48	14:49
Finish	10.00	58:02	5:48	10	9:09	69	17:11	20.00	1:55:45	5:47	10	15:18	58	31:58