



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Jäger, Gerd

Club: Suhler Döllberg e.V.

Number: 539

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:56:01

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 366 (of 552)

Rank in course/Men: 308 (of 405)

Best time in course: 1:13:54

Rank in category: 38(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|---------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| 10 km | 10.00 | 59:15 | 5:55 | 35 | 19:03 | 316 | 20:41 | 10.00 | 59:15 | 5:55 | 35 | 19:03 | 316 | 20:41 |
| Finish | 10.00 | 56:46 | 5:40 | 37 | 18:05 | 302 | 21:26 | 20.00 | 1:56:01 | 5:48 | 38 | 37:08 | 308 | 42:07 |