



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Jäger, Gerd

Club: Suhler Döllberg e.V.

Number: 539

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:56:01

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 366 (of 552)

Rank in course/Men: 308 (of 405)

Best time in course: 1:13:54

Rank in category: 38(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	59:15	5:55	35	19:03	316	20:41	10.00	59:15	5:55	35	19:03	316	20:41
Finish	10.00	56:46	5:40	37	18:05	302	21:26	20.00	1:56:01	5:48	38	37:08	308	42:07