



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Mielke, Andreas

Club: Gera

Number: 192

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:56:29

Speed: 10.30 km/h

Running performance: 5:49 min/km

Rank in course/Total: 371 (of 552)

Rank in course/Men: 313 (of 405)

Best time in course: 1:13:54

Rank in category: 46(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	58:17	5:49	46	19:00	296	19:43	10.00	58:17	5:49	46	19:00	296	19:43
Finish	10.00	58:12	5:49	48	21:55	321	22:52	20.00	1:56:29	5:49	46	40:55	313	42:35