



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Kohlmann, Karen

Club: Leipzig

Number: 148

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:56:47

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 372 (of 552)

Rank in course/Women: 59 (of 147)

Best time in course: 1:23:47

Rank in category: 7(of 13)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:00:03	6:00	7	16:14	65	17:09	10.00	1:00:03	6:00	7	16:14	65	17:09
Finish	10.00	56:44	5:40	6	14:19	57	15:53	20.00	1:56:47	5:50	7	30:33	59	33:00