



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Carl, Bettina

Club: MTB e.V. Meiningen

Number: 393

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:57:15

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 380 (of 552)

Rank in course/Women: 62 (of 147)

Best time in course: 1:23:47

Rank in category: 15(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	59:29	5:56	14	13:13	59	16:35	10.00	59:29	5:56	14	13:13	59	16:35
Finish	10.00	57:46	5:46	16	12:13	64	16:55	20.00	1:57:15	5:51	15	25:26	62	33:28