



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Weitz, Kathrin

Club: LT Altensteiner Park

Number: 578

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:57:36

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 382 (of 552)

Rank in course/Women: 63 (of 147)

Best time in course: 1:23:47

Rank in category: 16(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	59:47	5:58	16	13:31	63	16:53	10.00	59:47	5:58	16	13:31	63	16:53
Finish	10.00	57:49	5:46	17	12:16	65	16:58	20.00	1:57:36	5:52	16	25:47	63	33:49