



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hellmich, Doreen

Club: Schwerte

Number: 10

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:58:15

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 386 (of 552)

Rank in course/Women: 65 (of 147)

Best time in course: 1:23:47

Rank in category: 9(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:00:19	6:01	8	13:24	68	17:25	10.00	1:00:19	6:01	8	13:24	68	17:25
Finish	10.00	57:56	5:47	9	12:04	68	17:05	20.00	1:58:15	5:54	9	25:28	65	34:28