



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Keilitz, Lukas

Club: Sondershausen

Number: 479

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:58:38

Speed: 10.12 km/h

Running performance: 5:56 min/km

Rank in course/Total: 391 (of 552)

Rank in course/Men: 324 (of 405)

Best time in course: 1:13:54

Rank in category: 33(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	1:02:33	6:15	34	23:59	357	23:59	10.00	1:02:33	6:15	34	23:59	357	23:59
Finish	10.00	56:05	5:36	31	20:45	289	20:45	20.00	1:58:38	5:55	33	44:44	324	44:44