



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Rosenthal, Anette

Club: Simply The Rest

Number: 614

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:58:59

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 397 (of 552)

Rank in course/Women: 68 (of 147)

Best time in course: 1:23:47

Rank in category: 17(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | | | | | | | | | |
| 10 km | 10.00 | 59:34 | 5:57 | 15 | 13:18 | 61 | 16:40 | 10.00 | 59:34 | 5:57 | 15 | 13:18 | 61 | 16:40 |
| Finish | 10.00 | 59:25 | 5:56 | 20 | 13:52 | 77 | 18:34 | 20.00 | 1:58:59 | 5:56 | 17 | 27:10 | 68 | 35:12 |