



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Recknagel, Ria

Club: Eintracht Altersbach

Number: 118

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:59:09

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 400 (of 552)

Rank in course/Women: 69 (of 147)

Best time in course: 1:23:47

Rank in category: 1(of 2)

Best time in the category: 1:59:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
10 km	10.00	1:01:28	6:08	1	-	83	18:34	10.00	1:01:28	6:08	1	-	83	18:34
Finish	10.00	57:41	5:46	1	-	63	16:50	20.00	1:59:09	5:57	1	-	69	35:22