



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Barthelmann, Bernd

Club: Team Thüringen

Number: 608

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:59:28

Speed: 10.04 km/h

Running performance: 5:58 min/km

Rank in course/Total: 403 (of 552)

Rank in course/Men: 333 (of 405)

Best time in course: 1:13:54

Rank in category: 62(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:00:26	6:02	62	17:58	333	21:52	10.00	1:00:26	6:02	62	17:58	333	21:52
Finish	10.00	59:02	5:54	61	19:10	332	23:42	20.00	1:59:28	5:58	62	36:49	333	45:34