



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Kießling, Sven**

Club: SV ThuringiaKönigsee

Number: 103

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:59:55

Speed: 10.01 km/h

Running performance: 6:00 min/km

Rank in course/Total: 406 (of 552)

Rank in course/Men: 336 (of 405)

Best time in course: 1:13:54

Rank in category: 49(of 56)

Best time in the category: 1:16:17

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| 10 km   | 10.00       | 58:02         | 5:48            | 42          | 18:44          | 292         | 19:28         | 10.00         | 58:02         | 5:48            | 42          | 18:44          | 292        | 19:28         |
| Finish  | 10.00       | 1:01:53       | 6:11            | 50          | 24:54          | 356         | 26:33         | 20.00         | 1:59:55       | 5:59            | 49          | 43:38          | 336        | 46:01         |