



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Koreck, Torsten

Club: GutsMuths RSLV

Number: 3

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:00

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course/Total: 398 (of 552)

Rank in course/Men: 330 (of 405)

Best time in course: 1:13:54

Rank in category: 40(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	59:51	5:59	36	19:39	323	21:17	10.00	59:51	5:59	36	19:39	323	21:17
Finish	10.00	59:09	5:54	41	20:28	333	23:49	20.00	1:59:00	5:57	40	40:07	330	45:06