



26. Rennsteig Herbstlauf
Masserberg / 02.10.2016

Detailed evaluation

Kruse, Alexander

Club: Heldburg
Number: 10063

Course: 10.00 km
10km Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 52:47

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 47 (of 205)

Rank in course/Men: 39 (of 105)

Best time in course: 37:55

Rank in category: 11(of 18)

Best time in the category: 38:44