



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

Schumann, Dirk

Club: Balve

Number: 86

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:00:49

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 413 (of 552)

Rank in course/Men: 338 (of 405)

Best time in course: 1:13:54

Rank in category: 64(of 76)

Best time in the category: 1:22:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:03:05	6:18	67	20:37	366	24:31	10.00	1:03:05	6:18	67	20:37	366	24:31
Finish	10.00	57:44	5:46	59	17:52	316	22:24	20.00	2:00:49	6:02	64	38:10	338	46:55