



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Barth, Sebastian

Club: GutsMuths RSLV

Number: 402

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:22:56

Speed: 14.47 km/h

Running performance: 4:09 min/km

Rank in course/Total: 16 (of 552)

Rank in course/Men: 16 (of 405)

Best time in course: 1:13:54

Rank in category: 2(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
10 km	10.00	42:37	4:15	2	3:20	14	4:03	10.00	42:37	4:15	2	3:20	14	4:03
Finish	10.00	40:19	4:01	2	4:02	16	4:59	20.00	1:22:56	4:08	2	7:22	16	9:02