



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Mannig, Grit

Club: Römhild

Number: 61

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:01:40

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 425 (of 552)

Rank in course/Women: 79 (of 147)

Best time in course: 1:23:47

Rank in category: 11(of 23)

Best time in the category: 1:40:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	58:24	5:50	9	7:11	52	15:30	10.00	58:24	5:50	9	7:11	52	15:30
Finish	10.00	1:03:16	6:19	18	14:23	109	22:25	20.00	2:01:40	6:05	11	21:13	79	37:53