



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

König, Kerstin

Club: SSV Erfurt 02

Number: 481

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:00:50

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 414 (of 552)

Rank in course/Women: 75 (of 147)

Best time in course: 1:23:47

Rank in category: 9(of 16)

Best time in the category: 1:42:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:00:23	6:02	7	8:10	69	17:29	10.00	1:00:23	6:02	7	8:10	69	17:29
Finish	10.00	1:00:27	6:02	10	11:35	84	19:36	20.00	2:00:50	6:02	9	17:59	75	37:03