



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Amarell, Ludwig

Club: LG Süd

Number: 83

Course: 20.00 km

20km Strecke

Category:

Senioren M80 (80 und älter)

Total time: 2:01:14

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course/Total: 417 (of 552)

Rank in course/Men: 341 (of 405)

Best time in course: 1:13:54

Rank in category: 1(of 1)

Best time in the category: 2:01:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	1:02:36	6:15	1	-	358	24:02	10.00	1:02:36	6:15	1	-	358	24:02
Finish	10.00	58:38	5:51	1	-	326	23:18	20.00	2:01:14	6:03	1	-	341	47:20