



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Häusler, René

Club: Christes

Number: 552

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:02:18

Speed: 9.81 km/h

Running performance: 6:07 min/km

Rank in course/Total: 433 (of 552)

Rank in course/Men: 350 (of 405)

Best time in course: 1:13:54

Rank in category: 65(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 10 km | 10.00 | 1:02:00 | 6:12 | 65 | 19:32 | 352 | 23:26 | 10.00 | 1:02:00 | 6:12 | 65 | 19:32 | 352 | 23:26 |
| Finish | 10.00 | 1:00:18 | 6:01 | 64 | 20:26 | 344 | 24:58 | 20.00 | 2:02:18 | 6:06 | 65 | 39:39 | 350 | 48:24 |