



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Morgan, Nico

Club: Leipzig

Number: 100

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:02:23

Speed: 9.81 km/h

Running performance: 6:07 min/km

Rank in course/Total: 434 (of 552)

Rank in course/Men: 351 (of 405)

Best time in course: 1:13:54

Rank in category: 55(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:01:25	6:08	52	22:08	344	22:51	10.00	1:01:25	6:08	52	22:08	344	22:51
Finish	10.00	1:00:58	6:05	53	24:41	350	25:38	20.00	2:02:23	6:07	55	46:49	351	48:29