



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Stirl, Sophie

Club: Sahnetörtchen

Number: 245

Course: 20.00 km

20km Strecke

Category:

Frauen (20-29 Jahre)

Total time: 2:03:02

Speed: 9.75 km/h

Running performance: 6:09 min/km

Rank in course/Total: 443 (of 552)

Rank in course/Women: 87 (of 147)

Best time in course: 1:23:47

Rank in category: 15(of 24)

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| 10 km | 10.00 | 1:01:58 | 6:11 | 16 | 19:04 | 84 | 19:04 | 10.00 | 1:01:58 | 6:11 | 16 | 19:04 | 84 | 19:04 |
| Finish | 10.00 | 1:01:04 | 6:06 | 16 | 20:13 | 91 | 20:13 | 20.00 | 2:03:02 | 6:09 | 15 | 39:15 | 87 | 39:15 |