



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Höfs, Andreas

Club: Genulasch

Number: 477

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:04:08

Speed: 9.67 km/h

Running performance: 6:13 min/km

Rank in course/Total: 448 (of 552)

Rank in course/Men: 359 (of 405)

Best time in course: 1:13:54

Rank in category: 66(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:02:26	6:14	66	19:58	353	23:52	10.00	1:02:26	6:14	66	19:58	353	23:52
Finish	10.00	1:01:42	6:10	66	21:50	353	26:22	20.00	2:04:08	6:12	66	41:29	359	50:14