



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hesse, Bernd

Club: Hesserunners

Number: 35

Course: 20.00 km

20km Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:04:39

Speed: 9.63 km/h

Running performance: 6:14 min/km

Rank in course/Total: 454 (of 552)

Rank in course/Men: 363 (of 405)

Best time in course: 1:13:54

Rank in category: 14(of 16)

Best time in the category: 1:40:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	1:02:54	6:17	13	11:13	361	24:20	10.00	1:02:54	6:17	13	11:13	361	24:20
Finish	10.00	1:01:45	6:10	13	13:23	354	26:25	20.00	2:04:39	6:13	14	24:36	363	50:45