



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Härtel, Ines

Club: Eisenach

Number: 260

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:04:45

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 455 (of 552)

Rank in course/Women: 92 (of 147)

Best time in course: 1:23:47

Rank in category: 24(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:02:54	6:17	22	16:38	89	20:00	10.00	1:02:54	6:17	22	16:38	89	20:00
Finish	10.00	1:01:51	6:11	25	16:18	96	21:00	20.00	2:04:45	6:14	24	32:56	92	40:58