



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Harreß, Doreen

Club: Sonneberg

Number: 287

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:06:02

Speed: 9.52 km/h

Running performance: 6:18 min/km

Rank in course/Total: 473 (of 552)

Rank in course/Women: 107 (of 147)

Best time in course: 1:23:47

Rank in category: 14(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | | | | | | | | | |
| 10 km | 10.00 | 1:02:03 | 6:12 | 12 | 15:08 | 85 | 19:09 | 10.00 | 1:02:03 | 6:12 | 12 | 15:08 | 85 | 19:09 |
| Finish | 10.00 | 1:03:59 | 6:23 | 14 | 18:07 | 112 | 23:08 | 20.00 | 2:06:02 | 6:18 | 14 | 33:15 | 107 | 42:15 |