



26. Rennsteig Herbstlauf
 Masserberg / 02.10.2016

Detailed evaluation

Wiedemann, Sven

Club: LB Schwarzenberg
 Number: 624

Course: 20.00 km
 20km Strecke

Category:
 Senioren M45 (45-49 Jahre)

Total time: 2:05:19

Speed: 9.58 km/h
 Running performance: 6:16 min/km

Rank in course/Total: 464 (of 552)

Rank in course/Men: 365 (of 405)

Best time in course: 1:13:54

Rank in category: 68(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
10 km	10.00	1:03:16	6:19	68	20:48	368	24:42	10.00	1:03:16	6:19	68	20:48	368	24:42				
Finish	10.00	1:02:03	6:12	67	22:11	358	26:43	20.00	2:05:19	6:15	68	42:40	365	51:25				