



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Blinzler, Anke

Club: Simply The Rest

Number: 321

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:07:39

Speed: 9.40 km/h

Running performance: 6:23 min/km

Rank in course/Total: 481 (of 552)

Rank in course/Women: 111 (of 147)

Best time in course: 1:23:47

Rank in category: 27(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:05:18	6:31	29	19:02	117	22:24	10.00	1:05:18	6:31	29	19:02	117	22:24
Finish	10.00	1:02:21	6:14	26	16:48	101	21:30	20.00	2:07:39	6:22	27	35:50	111	43:52