



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Münz, Matthias

Club: Bad Berka - Bergern

Number: 66

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:08:34

Speed: 9.33 km/h

Running performance: 6:26 min/km

Rank in course/Total: 488 (of 552)

Rank in course/Men: 375 (of 405)

Best time in course: 1:13:54

Rank in category: 44(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	1:04:06	6:24	45	23:54	375	25:32	10.00	1:04:06	6:24	45	23:54	375	25:32
Finish	10.00	1:04:28	6:26	46	25:47	377	29:08	20.00	2:08:34	6:25	44	49:41	375	54:40