



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Brömel, Stephanie

Club: Rudolstadt

Number: 361

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:08:37

Speed: 9.33 km/h

Running performance: 6:26 min/km

Rank in course/Total: 489 (of 552)

Rank in course/Women: 113 (of 147)

Best time in course: 1:23:47

Rank in category: 15(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:04:10	6:25	15	17:15	110	21:16	10.00	1:04:10	6:25	15	17:15	110	21:16
Finish	10.00	1:04:27	6:26	15	18:35	114	23:36	20.00	2:08:37	6:25	15	35:50	113	44:50