



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Jensch, Gudrun

Club: TV 1904 Laufen&Walke

Number: 102

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:09:58

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course/Total: 495 (of 552)

Rank in course/Women: 116 (of 147)

Best time in course: 1:23:47

Rank in category: 19(of 23)

Best time in the category: 1:40:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:05:09	6:30	19	13:56	116	22:15	10.00	1:05:09	6:30	19	13:56	116	22:15
Finish	10.00	1:04:49	6:28	19	15:56	115	23:58	20.00	2:09:58	6:29	19	29:31	116	46:11