



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Maleße, André

Club: Ilmenau

Number: 59

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:13:11

Speed: 9.01 km/h

Running performance: 6:40 min/km

Rank in course/Total: 507 (of 552)

Rank in course/Men: 388 (of 405)

Best time in course: 1:13:54

Rank in category: 60(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
10 km	10.00	1:05:49	6:34	60	26:14	383	27:15	10.00	1:05:49	6:34	60	26:14	383	27:15
Finish	10.00	1:07:22	6:44	60	30:58	386	32:02	20.00	2:13:11	6:39	60	57:12	388	59:17