



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hesse, Michaela

Club: Frankfurt/Main

Number: 36

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:14:45

Speed: 8.91 km/h

Running performance: 6:44 min/km

Rank in course/Total: 512 (of 552)

Rank in course/Women: 123 (of 147)

Best time in course: 1:23:47

Rank in category: 17(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:05:27	6:32	16	18:32	118	22:33	10.00	1:05:27	6:32	16	18:32	118	22:33
Finish	10.00	1:09:18	6:55	18	23:26	123	28:27	20.00	2:14:45	6:44	17	41:58	123	50:58