



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Westendorff, Mirka

Club: Schwentimental

Number: 137

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:14:45

Speed: 8.91 km/h

Running performance: 6:44 min/km

Rank in course/Total: 513 (of 552)

Rank in course/Women: 123 (of 147)

Best time in course: 1:23:47

Rank in category: 11(of 13)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:06:38	6:39	11	22:49	122	23:44	10.00	1:06:38	6:39	11	22:49	122	23:44
Finish	10.00	1:08:07	6:48	11	25:42	121	27:16	20.00	2:14:45	6:44	11	48:31	123	50:58