



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Voss, Karl-Heinz

Club: GutsMuths RSLV

Number: 159

Course: 20.00 km

20km Strecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 2:16:17

Speed: 8.81 km/h

Running performance: 6:49 min/km

Rank in course/Total: 516 (of 552)

Rank in course/Men: 391 (of 405)

Best time in course: 1:13:54

Rank in category: 8(of 8)

Best time in the category: 1:46:24

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|---------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| 10 km | 10.00 | 1:08:27 | 6:50 | 7 | 13:57 | 390 | 29:53 | 10.00 | 1:08:27 | 6:50 | 7 | 13:57 | 390 | 29:53 |
| Finish | 10.00 | 1:07:50 | 6:46 | 8 | 15:56 | 388 | 32:30 | 20.00 | 2:16:17 | 6:48 | 8 | 29:53 | 391 | 1:02:23 |