



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Pohling, Monika

Club: Skatstadtmarathon

Number: 128

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 2:18:05

Speed: 8.69 km/h

Running performance: 6:54 min/km

Rank in course/Total: 519 (of 552)

Rank in course/Women: 128 (of 147)

Best time in course: 1:23:47

Rank in category: 6(of 6)

Best time in the category: 1:58:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:08:14	6:49	6	7:17	128	25:20	10.00	1:08:14	6:49	6	7:17	128	25:20
Finish	10.00	1:09:51	6:59	6	12:17	129	29:00	20.00	2:18:05	6:54	6	19:34	128	54:18