



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Meusel, Jens

Club: Neuhaus-Schierschn.

Number: 166

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:20:03

Speed: 8.57 km/h

Running performance: 7:00 min/km

Rank in course/Total: 523 (of 552)

Rank in course/Men: 393 (of 405)

Best time in course: 1:13:54

Rank in category: 72(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:09:13	6:55	73	26:45	394	30:39	10.00	1:09:13	6:55	73	26:45	394	30:39
Finish	10.00	1:10:50	7:04	73	30:58	396	35:30	20.00	2:20:03	7:00	72	57:24	393	1:06:09