



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Claus, Andreas

Club: WIR TUN ES LAUFEND  
Number: 10091

Course: 10.00 km  
10km Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 53:50

Speed: 11.15 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 53 (of 205)

Rank in course/Men: 44 (of 105)

Best time in course: 37:55

Rank in category: 7(of 15)

Best time in the category: 42:54