



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Doege, Ulrike

Club: GutsMuths RSLV

Number: 54

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:20:27

Speed: 8.54 km/h

Running performance: 7:01 min/km

Rank in course/Total: 527 (of 552)

Rank in course/Women: 133 (of 147)

Best time in course: 1:23:47

Rank in category: 13(of 16)

Best time in the category: 1:42:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:10:22	7:02	14	18:09	136	27:28	10.00	1:10:22	7:02	14	18:09	136	27:28
Finish	10.00	1:10:05	7:00	14	21:13	131	29:14	20.00	2:20:27	7:01	13	37:36	133	56:40