



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Arlt, Marie

Club: GutsMuths RSLV

Number: 471

Course: 20.00 km

20km Strecke

Category:

Frauen (20-29 Jahre)

Total time: 2:20:12

Speed: 8.56 km/h

Running performance: 7:01 min/km

Rank in course/Total: 526 (of 552)

Rank in course/Women: 131 (of 147)

Best time in course: 1:23:47

Rank in category: 23(of 24)

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	1:08:50	6:52	22	25:56	130	25:56	10.00	1:08:50	6:52	22	25:56	130	25:56
Finish	10.00	1:11:22	7:08	23	30:31	138	30:31	20.00	2:20:12	7:00	23	56:25	131	56:25