



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Reisinger, Gerhard

Club: GutsMuths RSLV

Number: 55

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:20:27

Speed: 8.54 km/h

Running performance: 7:01 min/km

Rank in course/Total: 528 (of 552)

Rank in course/Men: 395 (of 405)

Best time in course: 1:13:54

Rank in category: 74(of 76)

Best time in the category: 1:22:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	1:10:22	7:02	74	27:54	397	31:48	10.00	1:10:22	7:02	74	27:54	397	31:48
Finish	10.00	1:10:05	7:00	72	30:13	394	34:45	20.00	2:20:27	7:01	74	57:48	395	1:06:33