



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Reif, Thomas

Club: ZauberBar Kirchheim

Number: 194

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:20:35

Speed: 8.54 km/h

Running performance: 7:02 min/km

Rank in course/Total: 529 (of 552)

Rank in course/Men: 396 (of 405)

Best time in course: 1:13:54

Rank in category: 50(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:12:33	7:15	51	32:21	402	33:59	10.00	1:12:33	7:15	51	32:21	402	33:59
Finish	10.00	1:08:02	6:48	49	29:21	390	32:42	20.00	2:20:35	7:01	50	1:01:42	396	1:06:41