



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Reif, Thomas

Club: ZauberBar Kirchheim

Number: 194

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:20:35

Speed: 8.54 km/h

Running performance: 7:02 min/km

Rank in course/Total: 529 (of 552)

Rank in course/Men: 396 (of 405)

Best time in course: 1:13:54

Rank in category: 50(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 10 km | 10.00 | 1:12:33 | 7:15 | 51 | 32:21 | 402 | 33:59 | 10.00 | 1:12:33 | 7:15 | 51 | 32:21 | 402 | 33:59 |
| Finish | 10.00 | 1:08:02 | 6:48 | 49 | 29:21 | 390 | 32:42 | 20.00 | 2:20:35 | 7:01 | 50 | 1:01:42 | 396 | 1:06:41 |