



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schwarz, Christian

Club: Frankenhain

Number: 438

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:23:14

Speed: 8.38 km/h

Running performance: 7:10 min/km

Rank in course/Total: 538 (of 552)

Rank in course/Men: 399 (of 405)

Best time in course: 1:13:54

Rank in category: 56(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	1:09:32	6:57	56	30:14	396	30:58	10.00	1:09:32	6:57	56	30:14	396	30:58
Finish	10.00	1:13:42	7:22	55	36:43	399	38:22	20.00	2:23:14	7:09	56	1:06:57	399	1:09:20