



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Müller, Jens

Club: ChairLand

Number: 423

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:23:26

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 540 (of 552)

Rank in course/Men: 400 (of 405)

Best time in course: 1:13:54

Rank in category: 51(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	1:11:22	7:08	50	31:10	399	32:48	10.00	1:11:22	7:08	50	31:10	399	32:48
Finish	10.00	1:12:04	7:12	51	33:23	398	36:44	20.00	2:23:26	7:10	51	1:04:33	400	1:09:32